

Medication Therapy Management Program (MTMP)

MTM Program purpose:

This Medication Therapy Management Program (MTMP) allows for the monitoring of drugs utilization that are received by our members, to prevent adverse events, improve drug utilization, and for you to correctly use your medication therapy. This works collaboratively with your doctor and case manager to reduce risk in your medication therapy, prevent risks and improve drug utilization according to the Food and Drug Administration (FDA).

How members are selected for the MTM program:

The Medication Therapy Management program is focuses on those AHM members that are utilizing 8 or more drugs from the Part D drug list (formulary) and that have more than 3 chronic conditions and that have incurred in expenses of \$3,000 or more in their Part d drug coverage during the contract year. AHM will evaluate the expense threshold of \$750.00 during the first quarter.

The chronic conditions that are focused on are the following:

- Alzheimer disease
- Asthma
- Mental Health (Depression, Bi-polar disorder, Schizophrenia)
- Diabetes
- Cardiovascular diseases (including Dyslipidemia (high cholesterol), Dysrhythmias (Cardiac arrhythmias), Ischemic Heart Disease, Hypertension.
- Cardiac arrest
- Osteoporosis

All AHM members that have the above mentioned conditions will be registered in the Medication Therapy Management Program. If you opt not to participate (opt out) of the program, you may contact us toll free and indicate that you do not desire to participate. Telephone : 1-888-620-1919.

What are the benefits I receive if I am in the Medication Therapy Management Program?

Interventions for members: You may benefit from this program because a revision will be made of all the drugs you are using, prescription drugs, and all the drugs you but without prescription (over-the-counter (OTC's), and those medicine plants you use. All drugs will be analyzed and verified to ensure that those used will not cause adverse reactions such as a change the interactive effect, that you are not receiving two drugs for the same condition (unless indicated by the FDA (Food and Drug Administration), clear questions and doubts related to your medication or health conditions (such as diabetes among others).

Interventions with your primary provider and those that prescribe drugs (Specialists): If it is identified that you are receiving medication that can cause an adverse effect on to your health condition or that any of the medications utilized can interfere with other medications or if receiving two medications (duplicated) for the same condition, AHN through the MTM program

will contact your primary doctor or specialist accordingly. The findings will be informed so your doctor can evaluate with you your medication therapy. All of these interventions are based on the utilization guides of the approved FDA drugs. The findings will be informed to your doctor in writing through mail or fax.

Who can clear any doubts related to Medication Therapy Management?

You can rely on clinical personnel who have pharmacy license with which you can consult person to person your doubts and questions related to your medication therapy. This person will provide orientation according to your condition and drug therapy.